

ALPINE ISD SHAC MINUTES – APRIL 27, 2023

The meeting was held at the AHS Library and was called to order at 4:15 p.m. by Gayla Owen, District Nurse. In attendance were:

Kelli Warrant – Parent Wubben – School representative	Peggy Low – School representative	Curtis
Robbie Burns – School representative Miranda – School representative	Joel Nelson – School representative	Marc
Dominique Portillo – School representative Vickers – School representative	Judith Pardo – School representative	Jarrett

Ms. Owen welcomed and thanked those present for attending the meeting.

Old Business – Nothing to be discussed per Ms. Owen

Minutes from 5/17/22 meeting approved.

New Business – Ms. Owen explained that the job of the SHAC committee was to make sure that the CDC's eight components needed to be

addressed during the year by the SHAC committee. Ms. Owen went on to discuss each component and the years progress for each.

1. Health Education – Ms. Owen informed the committee that the following activities were offered for the 2022-2023 school year.  
Senior CPR was offered to all seniors per state requirement, Hygiene presentation was given to grades 3,4,5, and 6<sup>th</sup> grade.  
Stop the Bleed and Sex Education was given to AHS students, grade 9-12. Sex education was also offered to grades 7<sup>th</sup> and 8<sup>th</sup> grade.  
Ms. Owen also discussed the new CNA program that was started at AHS 2022-2023 school year.
2. Physical Education - Ms. Owen informed the committee that all three campuses used the Fitness gram for the year and that all Campuses met the required requirements.
3. Health Services – Ms. Owen discussed all of the health services offered to the district this year which included:  
Medication training to the office staff and anyone giving medications to students, implementing a new system to give medications  
To prevent medication errors. This would include attaching a card to the med box with student's name, date of birth, a picture of the student,  
The name of the medication, the color and shape of the pill, continued covid testing for staff and students, two new additional AED's  
for the high school, and the new addition of Narcan to all campuses for the prevention of overdoses.
4. Nutrition Services – Marc Miranda discussed the new changes being made to the current menus. Informed the committee that a survey had

been sent out on 4/5/23 to students and staff regarding food preferences and choices, Picadillo and BBQ for example. He also discussed having a second option for lunch, different type of salads. He discussed the benefits of increasing the number of students/staff eating in the cafeteria, saving time and money and for safety.

5. Counseling, Psychological & Social – Informed the committee that a new LPC, Elizar Cano, had been hired for the students of AISD. Ms. Owen also informed the committee that she had been visited by Oceans of Odessa/Midland/Abilene giving information on outpatient referral services that are available.
6. Health & Safe School Environment – The committee was informed by Ms. Owen of the new key fobs to open all doors on the AHS campus, these used for safety purposes. She also discussed the safety trainings offered to AISD staff, the yearly active shooter and lockdown training, and the new equipment, shields, donated to all three campuses by the Brewster County Sheriff's office. K. Warren expressed her gratitude and thankfulness for the SRO coverage at all three schools, stating it was 100% better making it much safer.
7. Health Promotion for Staff – Ms. Owen informed the committee about the Biggest Loser Contest that was started in January and ended in May.
8. Family/Community Involvement – Ms. Owen discussed that Covid testing was provided to staff and students of AISD, a Flu shot clinic for staff,
9. students and the community, an immunization clinic for the community and those needing vaccinations and two blood drives at AHS.

Mr. Vickers discussed drug testing and changes that are coming. Stated that there would be an increase in testing.

Next meeting date: To be determined at a later time.

The meeting was adjourned at 5:00 p.m.