

ALPINE ISD SHAC MINUTES – Feb 5, 2024

The meeting was called to order at approximately 4:00 p.m. in the AHS Library. Those in attendance were:

Gayla Owen – AISD Nurse, Peggy Low AHS Assistant Principal, Judith Pardo, AMS Principal, Caroline Fox, Director of Special Program and Curriculum and Instruction, Jennifer Mustain, District Librarian, Kelli Warren, parent, Virginia Sandoval, Bend Bend Crisis Center, Jarrett Vickers, High School Principal, and Anahi Garcia, SRO AMS.

Ms. Owen welcomed and thanked those present for attending the meeting. Minutes from the October 2023 meeting distributed and approved.

Old Business - No old business was discussed.

New Business - Gayla Owen discussed the CDC's components of Coordinated School Health and informed the committee of all the past and upcoming events that are coming up.

1. Health education -

- a. A health fair was held on October 27, 2023 in the AHS Cafeteria with approximately 27 booths present. Ms. Owen informed the committee that she was very pleased with the turn out and that approximately 350-400 people were in attendance.
- b. Mrs. Low informed the committee that a Blood drive was scheduled on February 26-27, 2024 in the AHS Library.
- c. Ms. Owen informed the committee that the week of March 4-8 was National Breakfast week and that her CNA class would be working with the AHS cafeteria to give presentations to the AES and AMS campuses to educate schools on good nutrition. Ms. Owen stated that it was a beach themed activity.
- d. Ms. Owen stated that the BCSO and Crisis Center was presenting on Feb 16th at the AMS and March 5th at AHS on suicide prevention, prevention of abuse of and addiction to fentanyl, awareness of local school and community resources and any processes involved in accessing those resources and health education that includes information about substance use and abuse, including youth substance use and abuse.
- e. Ms. Owen informed the committee that she would be starting CPR with her CNA class on February 6, 2024.
- f. As well as Senior CPR on April 26, 2024.
- g. Ms. Owen stated that she was working with many agencies in El Paso to put on an Adult and Adolescent Health Conference, the week of May 13-17th, 2024. She instructed that the conference would instruct students on topics such as vaping, depression, drug use, and many other topics. She stated that the committee was on the lookout for speakers on these types of topics and if they knew of anyone that might be interested in presenting to let her know.

- h. Ms. Owen stated that she was in the process of scheduling the sex education presentation for AMS and AHS. She stated that Dr. Nitschmann would be addressing the male students and Olivia Down, FNP would be addressing the female students.

Physical Education - Ms. Owen informed the committee that she spoke to Coach Smith, Athletic Director and he informed her that the Fitness Grams were scheduled for middle to late February for all campuses and that he would send Ms. Owen the results when they were complete.

Health Services - Ms. Owen informed the committee that the Vision, Hearing and Acanthosis screenings were completed for the whole district and that she would report the findings to the state before the required date of June 30, 2024. She also stated that she was in the process of scheduling the Scoliosis screening for AMS.

Nutrition Services - Ms. Owen reported on National Breakfast week. Please see above under health education.

Counseling, psychological, and social services - Nothing to report

Health promotion for staff - Ms. Owen stated that she loved that the middle school employees got together and had healthy lunches for those staff that paid their monthly meal dues. She instructed that she would like to try to do something like that for the other campuses as well. She did state that the cafeteria was now offering different types of salads to the employees and students now.

Family/community involvement - Health Fair - Please see above under health education as well as the Blood drive under health education. Ms. Low informed the committee that the Blood Service reported that they had 60 more individuals donate than the last donation.

Next meeting date - The next meeting will be held on April 2nd or 9th to discuss end of the year activities as well as plans for the next year.

The meeting adjourned at approximately 430 p.m.