

ALPINE ISD SHAC MINUTES – Oct 10, 2023

The meeting was called to order at approximately 4:00 p.m. in the AHS Library. Those in attendance were:

Gayla Owen – AISD Nurse, Dominique Portillo, AMS Aide, Amy Stinnett, parent, Peggy Low AHS Assistant Principal, Judith Pardo, AMS Principal, Caroline Fox, Director of Special Program and Curriculum and Instruction, Jennifer Mustain, District Librarian, Christopher AMS Assistant Principal, Kelli Warren, parent, Virginia Sandoval, Bend Bend Crisis Center

Ms. Owen welcomed and thanked those present for attending the meeting. Minutes from the meeting April 2023 distributed and approved.

Purpose of SHAC was discussed and a copy of some literature on SHAC was given to all to read at a later date. SHAC is appointed by the school district to serve at the district level and to provide guidance to the district on coordinated school health programs and its impact on student health and learning. Those health components include:

1. Health education
2. Physician education
3. Health services
4. Nutrition services
5. Counseling, psychological, and social services
6. Healthy and safe school environment
7. Health promotion for staff
8. family/community involvement

Discussed the eight components at length:

1. Health Education - AISD offering flu shots as well as immunization clinics to the public and surrounding areas.
2. Physical Education - AISD performs a fitness gram on all AISD students yearly
3. Health Services - again AISD offering flu shot clinics, community covid shot clinics, community immunization clinics, health fairs, etc.
4. Nutrition Services - offering healthing choices to students and staff with new salads, sandwiches and wraps.
5. Counseling, Psychological, and Social Services - services offered with our campus counselors, a new LPC hired this year Eleazar Cano
6. Healthy and Safe School Environment - school holds regular safety meetings, continued support from BCSO with SRO's at every campus
7. Health promotion for staff - Flu shots for staff
8. Family/Community Involvement - health fair

Recruiting New Members: Group discussed recruiting members and electing officers for 2023-2024 year. This person would assist in any presentations of SHAC information to the Board of Trustees, if needed and will serve as an advisor to the school nurse in the identification of topics to be discussed during SHAC meetings.

Ms. Owen informed the committee that a new fentanyl-related legislation was passed during the 88th Texas Legislature to raise awareness of fentanyl poisonings and to promote prevention efforts. Specifically, students and families need to know that other drugs may contain deadly levels of fentanyl. You cannot see, taste, or smell it. It is almost impossible to tell if another drug is laced with fentanyl unless tested with a fentanyl testing strip. "One pill kills" is set up across the state to educate Texas health education that includes information about substance use abuse including youth substance use and abuse.

Ms. Owen went on to inform the committee about HB3144 which establishes the month of October as Fentanyl Poisoning Awareness Month to increase awareness of the dangers of fentanyl and potential overdoses. TEA's website dedicated to Fentanyl Response which can be found at Fentanyl Response Communications toolkit | Texas Education Agency. Posters from the toolkit were shared with the committee.

Ms. Owen stated that there are new requirements for SHAC from HB 3908 known as Tucker's Law, adds to the duties of the SHAC to recommend to the local board of trustees to appropriate grade levels and curriculum for instruction in the dangers of opioids, including addiction to and abuse of synthetic opioids such as fentanyl. To begin this process, members are given the TEKS aligned to fentanyl abuse prevention and drug poisoning awareness to review the appropriateness of the topics by grade level. They were invited to review the information. After reviewing the information, the committee were all in agreement to recommend APD present this information to grades 6-12. After further discussion, it was suggested that this be presented to even 5th graders. All of the committee members were in agreement to add 5th graders to the presentations. Ms. Owen informed the committee that she would go to the board meeting the following day, October 11th and given the board the committee's recommendation.

Ms. Owen instructed the committee that along with the Fentanyl presentation that the TEA is now requiring schools give awareness on Human Sexuality Instruction, Prevention of Child abuse, Family Violence, and Dating Violence and Sex Trafficking. After discussion, and recommendation for Virginia Sandoval from the Big Bend Crisis Center to speak to both middle and high school campuses, all committee members were in agreement. Mrs. Sandoval stated that she was also qualified to present on healthy relationships and stalking if the school was interested in that as well. Mrs. Pardo asked if Mrs. Sandoval could include extortion in her presentation and Mrs. Sandoval confirmed that she could do that as well.

Ms. Owen informed the committee that the district was in need of speakers to give the male and female sex education discussion for grades 6-12 as Dr. Billings was not available anymore and Dr. Ekta Escovar had moved away. Ms. Owen suggested that Dr. Sarah Zate, new pediatrician at BBRMC and Dr. Neitchman, new medical doctor at BBRMC give these presentations. After discussion with the committee, the committee agreed on the above physicians to give the talk with the recommendation of changing the talk to grades 5-12. It was suggested by Caroline Fox that the physicians get with the campus principles prior to the presentation to see what the campus needs were. The committee voted unanimously to this. Ms. Owen instructed the

Next meeting date: The committee all discussed dates and agreed on November 8, 2023 at 4:00 p.m. in the High School library for the next SHAC meeting. Ms. Owen asked that everyone bring a friend or reach out to other AISD parents that might be interested in joining the committee.

The meeting was adjourned at approximately 5:00 p.m.