

Name that Staff Member! High School Couple Navigates College Life

by Amerika Vargas

This teacher has always been there for her students. Whether it's helping them cross the street, assisting with homework, sharing a tasty treat, or ensuring they "sit down" on the bus, no one could ever question her dedication.

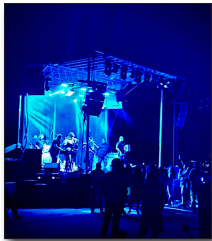


Can you name this staff member?

Light Up the Show!

by Taryn Klockman

The Marfa's Lights Festival was held on September 1st-3rd this year. When people from all over the world fly or drive to see the spectacular lights at the Marfa Lights Viewing Area, located 9 miles east on U.S. 90. The festival takes place in the center of town at the courthouse. The Mystery Lights were first discovered in the 19th century, where the first sightings of the ghost lights were seen. Most of the time it's held on the weekend of Marfa's homecoming week. The festival's parade showcased athletic teams, local first responders, some businesses in the area, and sometimes a reunion of the Marfa Shorthorn classes. Alongside the parade this year there was a 5K race to fund raise for Marfa's sports teams. This run was started at the golf course and ended at the courthouse. This year's festival had many amazing performances, from the Solis brothers to Raul Garza, giving a beautiful light show and showcase of his song, "My H.E.B." On Saturday night. The huge trend at the festival this year was the water and or-beez, colorful water beads, guns. Therefore, I strongly recommend the Marfa Lights Festival for anyone willing to travel a short distance, wanting to see great booths, music, fun, and the town's camaraderie!



Former Alpine Bucks, current Sul Ross Lobos, Jayden Canaba and Kiara Castillo are now beginning a new chapter of their lives. The pair have stepped onto a larger court, with both former high school athletes now playing at the collegiate level. I was lucky enough to have the chance to interview Jayden and Kiara to get the inside scoop about college and how their life is treating them after high school.

The first question I asked was what aspect of college life is unique compared to high school? Kiara Stated, "Life after high school is totally different. It changes you in the best or worst way. It's up to you to decide. After high school you're considered an adult. You have so many new challenges ahead of you." Jayden responded with, "Life is different. Going to college and playing basketball at the collegiate level is fun, but there is nothing that compares to my time in high school."

I then asked the pair what is something that has helped them stay motivated to continue going to school? And Kiara responded with "My support system keeps me motivated. I try my best to do my best to make the people around me proud." Jayden then said "My family is the reason why I continue to keep going. They've been there to support me, love me, and push me to be my best my whole life." My next question for them was why they chose to attend Sul Ross State University? Her response was, "I chose Sul Ross State for many reasons. For one it's my home. My family is here and I was blessed with the --

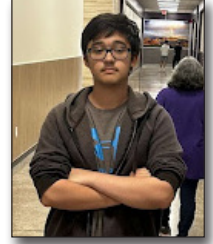
-- opportunity to play volleyball at the collegiate level after my injury last year, I wasn't ready to leave volleyball behind. Alpine is a place for chances, and will always hold a special place in my heart." His response was, "Staying in Alpine and coming to Sul Ross has been the best decision I could've made. The campus and class sizes are small and the professors are easy to work with which has allowed me to be successful on and off the court. "My next question for the two was what major they chose to study? And this is her response, "I chose to study Kinesiology in hopes of becoming a physical therapist." He answered, "I am majoring in Kinesiology and human performance."



My very last question for the duo was what is something that you miss from high school? Her answer, "I miss almost everything about high school. I miss the relationships I made with my classmates and teachers. And I most definitely miss Friday Night Lights!" And his answer was "I miss the atmosphere and the traditions, the pride for playing for the Alpine bucks along with my friends in my coaches." Such amazing responses from Jayden and Kiara, these former students represent great role models for aspiring future athletes. The Alpine High School family is so proud of them and we are looking forward to their future successes.

Herd In The Hall

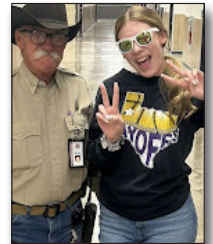
What Does a Traditional Thanksgiving Look Like in Your Household?



Gregory Rodriguez: *A traditional Thanksgiving for my family is pretty simple: food and family. We eat traditional Thanksgiving foods, such as turkey and stuffing, as well as Filipino foods such as Lumpia and Pancit. It all tastes so very good!*



Teresa Ritzi: *Honestly, my family's Thanksgiving traditions are all pretty classic. But I do love ice-cream cake! The only unique tradition we have is when we go to the Renaissance Fair the day after. It gets pretty crazy, and honestly as a whole, it is probably one of our strangest traditions.*



Vega Harrison: *For Thanksgiving, my family and I have a football pot, which we all contribute to for the Cowboys game. I've won the past 2 years! I plan on winning many more!*

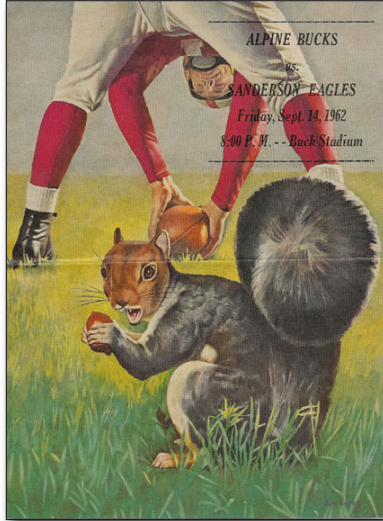


Chris Craver: *Our Thanksgiving varies depending on the year, and how busy my family seems to be. I can typically be found sleeping, trying to avoid my family, or chowing down on delicious fall food. This mostly consists of mac n' cheese, mashed potatoes, and of course, turkey, with jello for dessert.*

We need more Cowbell!

COW BELL

Definition of, "We need more cowbell." An extra quality that will make something or someone better.



Any students wanting to submit an article for the El Toro are welcome to talk to Mr. Grabow in room 101 at AHS.

Prime Cuts

by Ben Hass

Sometimes you don't know what to have for dinner. Well this recipe is simple and easy and it only takes a bit of time.



Oven Ribs

4 Servings-15 minutes Prep Time-2 hrs and 20 minutes Total Time-949 Calories per Serving

Ingredients

2 lb. Baby Back Ribs
 ½ cup Brown Sugar
 2 Tsp. Kosher Salt
 1 Tbsp. Garlic Powder
 ½ Tsp. Freshly Ground Black Pepper
 ½ Tsp. Paprika
 ½ Tsp. Ground Mustard
 ¼ Tsp. Cayenne

Barbecue Sauce (your choice)

Step 1-Preheat the oven to 300 degrees Fahrenheit and line a baking sheet with tin foil. If your ribs have a membrane it is your choice if you want to remove it or not.
 Step 2- In a small bowl stir together brown sugar,salt,garlic powder,black pepper,paprika,ground mustard,and cayenne. Cover your ribs on both sides with the rub, place on the prepared baking sheet, cover with foil and put in the oven for 2 hours.

Step 3-Turn the oven to broil, and remove the ribs. Remove the foil and brush both sides with however much barbecue sauce you like. Put back in the oven until the sauce starts to caramelize.

Step 4-Cut up your ribs and serve with whatever sides you like. My family had them with green beans and potato salad.

My family and I thought this recipe was amazing, and we would definitely make them again!

The Transfer Experience

by Harmony Cribbs



Packing up your life and moving to another state is honestly a hard thing to do, You're leaving everything you know behind! Then imagine going to high school, new people, new environment, new norms. I couldn't even imagine what it would be like moving from another country! Sounds even scarier right? Well you don't have to imagine it, because the two girls I've interviewed over the past few weeks have given me all the details on what it's like for them to be a transfer student in Alpine, Texas.

Kiara Tedeschi and Esther Iotti are both transfer students from Italy, a place they say is "of close family relations," a place with amazing history and architecture and a place where they feel comfortable.

So the question is, why leave somewhere you're so comfortable with? They both responded with, "For the experience!" Living in America, you never stop to consider how drastically different our lives are from other countries as well as how we feel about certain things,here there's too many things to not experience and feel. Like going to the grand canyon, seeing Niagara falls and all the other wonderful sites in America but the little things matter too. Anybody who has ever gone to an American school has to know what a pep rally is. Well, Esther and Kiara were so eager to witness it even though to everybody else it's just another pep rally but for them it was absolutely nuts! To see people come together with school spirit and coming together to support each other! They also said so far their mental health has --

-- improved by going to school in the alpine. I mean the schoolwork isn't so demanding and they still get to learn about America through other students and experiences with their host families.

Their life is so different and the same as ours at the same time, they go to school for about 5 hours a day for 5 years in school. You might think,"I wish school was only 5 hours long" but in reality the students are constantly swamped with assignments and tests, leaving little time for anything but school. Including oral tests and written tests and exams. While it's good that they are learning it takes a toll on their mental health to be constantly slammed with work. So I'm glad to say that they aren't feeling so pressured anymore.

I'm proud to say here we can have fun and learn during our high school years. Speaking with these girls gave me a completely different perspective on life and how many different lifestyles there are. I'm genuinely glad I had the opportunity to ask them how their experience so far has been going. They have both already gone and seen a great deal, I hope they get to experience everything they want before going home and I know this experience will be something they never forget!



A Non-Traditional Thanksgiving Dinner

by Zaelynne Ruiz

Did you know that insects are high in protein, vitamins and minerals? They use significantly less resources to produce. Insects can be produced in high volume anywhere in the world with low-tech equipment. They are healthy for us and the planet. If you were to find a fly in your soup, you would freak out? After all, flies aren't food, or are they...? DUN, DUNNN, DUNNN! It all depends on your perspective. In countries such as Thailand, you might order a special plate of flies and gobble them up without a second thought, right? But who would want that...?

In other places you could eat a tasty tarantula. In Mexico, you could enjoy a basket of fried grasshoppers that just might be the snack you'll crave. People don't eat bugs to be gross or daring. Insects and other related animals, like scorpions and spiders, have been a regular part of diets for many years. As our planet population grows, how to feed the growing number of malnourished people around the world and ourselves is something we must consider. Insects are healthy, delicious, and easy to harvest. Even if it makes you a little nervous, you'll never know how FANG-tastic insect cuisine can be until you try it for yourself or at least read this and see for yourself. If you're interested, stop by Journalism room 101, consume a tasty combination of cricket, worm, and ant, to earn a highly coveted: Certified: I Ate A BUG!



Little Toritos

This student is really going to miss school once he graduates. Always chipper in the morning, he doesn't even need coffee to put on a smile, get to class, and ensure that his peers always look at the funny side of things. Come to think of it, they are going to miss him as much as he does them!



Can you name that student?

Last issue's calf and staff were senior Kendall Emerson and AHS' principle Jarrett Vickers

Thank you so much to our friends at the Alpine Avalanche for all their support

the ALPINE AVALANCHE

